

* This following list was taken from available resources on line. However, “Please note although these foods are considered peanut safe foods and therefore are safe to give to children with peanut allergies at the time this is printed, please note that it is ALWAYS necessary to read the ingredients of all snacks prior to allowing your child to bring them to school to eat (or to have Teachers serve them to other children) because manufacturers do make production changes from time to time, meaning that a food that is considered peanut safe at the present time might not always be safe in the future.”

Snacks:

Shark Bites
Fruit by the Foot
Rice Krispie Treats
Trix Fruit snacks
Betty Crocker or Nabisco fruit snacks including:
Fruit roll-ups/Gushers

Cookies:

Regular Oreo's (only)
Teddy Grahams
Pepperidge Farm Milanos, Chessman, Shortbread
and Sugar Cookies
Honey Maid Graham Crackers
(Nabisco or Honeymaid, not Annies brand)
Keebler Butter Cookies and Grasshopper cookie
Nabisco Barnum Animal Crackers
Oatmeal ,Iced Oatmeal and Fig Newton's
Vanilla Wafers
Teddy Grahams-
(honey,chocolate)

Chips:

Nabisco Wheat thins
and Triscuits
Sunchips
Saltines
Goldfish (pizza, cheese)
Rold Gold Pretzels
Triscuits
Club Crackers
Fritos
Cheetos
Cheese Puffs
Tostitos
Puffed Corn-
(not caramel flavor)
Cheese Nibs
Cheez-its
Ritz-
(not the cheese or
peanut butter varieties)
Kraft Hand snack
(not the pretzel and
peanut butter variety)
Wheat Thins
Pringles- original only
Popcorn (Pop
Secret, Orville
Redenbacher, Healthy
Choice)
Doritos
Potato Chips (not the kettle
Cooked brands)

Vegatables:

All Vegetables

Fruits:

Applesauce cups

All fresh fruits

Dole fruit bowls

Snack Cakes:

Hostess Hobos

Hostess Ding-Dongs

Hostess Donuts

Entenmann's Little Bites (fudge brownies ,blueberry or choc chip muffins)

Hostess cupcakes

Hostess Twinkies

Other Healthy Choices:

Cheese

Yogurt (but not the soy brand of yogurt)

Mini Marshmallows

Hershey Chocolate pudding tubes

Hunts Juicy Gels

Vanilla and Chocolate Pudding

Good Humor Fudgesicles

Popsicles,Fire Crackers,Micro Pops, and Scribblers

Tropicana Fruit Juice Bars

Welch's Fruit Juice Popsicles

Sunmaid Raisins (not yogurt covered)

Candy:

Starburst

Skittles

Twizzlers

Milk Duds

Jolly Ranchers

Sweet Tarts

Life Savers

Tootsie rolls (anything by Tootsie-Tootsie Pop, Dots, Junior Mints, Blow Pops, Sugar Babies)

Sour Patch Kids

Cereal's:

Trix

Cheerios (not the Frosted or Honey Nut variety)

Kix

Life

Lucky Charms

Rice Check

Fruit Loops

****New additional items added to the Food List:**

Ice Cream:

Philly swirl

Brayers- Vanilla ice cream, French vanilla, Chocolate chip, Chocolate, Strawberry

Kroger Brand- ice cream sandwiches, sundae cups, strawberry shortcake bars

Klondike bars

Keebler -ice cream cones

Jello Brand pudding pops

Deans-Neapolitan ice cream sandwiches,

Orange push-up pops

Good Humor- Strawberry shortcake bars, Chocolate éclair bars

Cookies:

Keebler Bug bites

Keebler Fudge stripes

Keebler Fudge Grahams

Fudge sandwich cookies

Chips Ahoys

Other:

Jello cups

String cheese

Lender/Thomas small plain bagels

(plain cream cheese)

Nutrigrain bars- apple/berry/strawberry

Special K bars- not nut/honey variety

Poptarts/poptart snack stix's

5-pack Handisnacks-Breadstick and cheese, Mister Salty pretzel and cheese, Oreo cookies and cream, Ritz crackers and cheese

Pizza's:

Monicals Pizza

Pizza Hut

Not Casey's as donuts with peanuts are made in their facility

Cereal's:

Corn Flakes

Raisin Brand

Crispix

Wheaties

Frosted mini wheats

Frosted flakes

Dips (for fruit or vegetables):

Kraft Ranch

T-Marzetti -Buttermilk ranch, veggie dip, chocolate fruit dip and caramel fruit dip

Hidden Valley Ranch Dip

Candy:

Rolo's

Runts

Ringpops

Pixie sticks

Sixlets

Sprees

Smarties

Blow pops

Mike & Ikes

Laffy Taffy

Dum-Dum suckers

Gummy Bears

Junior mints

Jolly Ranchers

Hershey kissable

Nerds

****These Brands may contain Traces of Nuts so should not be brought in as a snack choice:**

All Little Debbie's products

All Mars products

All Snyder's Pretzels

Some Keebler products

Granola products

Most Easter and Christmas chocolates

Most Animal crackers (except Barnum's)

Most duplex cookies

Many "natural brands"

* Please note that store brought cupcakes from the bakery are not approved as they may contain Peanut oil or peanut products.

