The mileage chart will be updated each week. Watch your progress towards reaching that magic 150 mile mark during the season.

Report any extra miles you run on your own to Coach Brehm to receive credit. YOU MUST REPORT THE MILEAGE DAILY, AT ROLL CALL.

NO MILEAGE WILL BE ACCEPTED FROM THE PREVIOUS WEEK, EXCEPT FOR THE WEEKEND.

In order to earn a letter you must have run in the top 10 of our team at least 3 times or place in the top 20 of an invitational.

*** 150 Mile Club ** 300 Mile Club ***450 Mile Club + Letter Winner**

Name	*9-Aug*	*16-Aug*	*23-Aug*	*30-Aug*	*6-Sep*	*13-Sep*	*20-Sep*	*27-Sep*	*4-Oct*	*11-Oct*	*Total*
Bishop, Brianna *	19	30	24	25	25	18	18				159
Blackburn, Anna **	18	11	28	21	17	11	13	24	7		150
Bloomquist, Audrey **+	8	37	27	26	23	23	27	27	29	23	250
Camp, Kaitlyn ***+	18	30	24	21	20	25	23	25	19		205
Carlson, Shannon *+	18	25	24	24	16	21	13	12	9		162
Evans, Jasmine *+		20	20	22	23	9	28	24	27	27	200
Geiken, Cora **	18	21	24	25	21	23	20	19	9		180
Geubauer, Savanna **	16	27	19	23	22	20	16	20			163
Glazik, Abby ***+	8	27	28	24	20	22	14	28	15		186
Glazik, Aubrey **+	6	10	26	19	18	19	23	18	12	7	158
Jarboe, Britt ***+	25	18	33	24	29	27	31	25	16	29	257
Kavajecz, Jessica	16	INJ	INJ	3	16	4	INJ	INJ	INJ		39
Kellerhals, Destiny *	18	21	28	24	22	26	29	25	9		202
Komnick, Emily *	14	19	20	25	22	11	24	18	4		157
Mowrer, Rachel *+	16	23	21	23	21	4	4	23	14		149
Meece, Ashley	21	16	23	17	10	13	18	11			129
Mercer, Kylie **+	24	31	28	28	20	23	23	26	27	32	262
Porter, Sydney ***+	21	35	24	20	21	25	26	23	27	29	251
Ptacek, Lynsey **+	29	35	26	27	22	28	31	25	23	29	275
Rameriz, Selina	18	20	18	25	15	12	15	10	INJ		133
Schroeder, MaKenzie *+	3	22	26	16	26	25	27	15	20	29	209
Snider, Nora *	10	16	24	21	19	21	24	25	9		169
Spinelli, Deserae		8	23	17	3	15	18	16	4		104
Watts, Sarah ***	10	19	24	12	19	19	24	25	9		161
Bigham, Paul *+	18	42	28	25	27	30	22	25	32	15	264
Brocato, Josh *+	14		26	26	18	28	27	26	9		174
Cantillon, John *	18	15	17	21	19	23	22	20	4		159
Cornett, Chase *	17	20	22	23	21	22	28	21	4		178
Curry, Mike *	11	30	22	27	21	INJ	13	24	6		154
Ellis, Tyler *+			19	23	23	18	27	28	27	30	195
Eshleman, Cole *+	24	32	29	24	27	27	26	24	28	29	270
Fitton, Luke *+	18	19	24	23	21	22	22	23	4		176
Granlund, Eric **+	11	27	20	23	24	27	23	27	22	30	234
Harper, Matt *+	16	30	21	25	23	27	32	28	19		221
Heisler, Wolfgang *	20	22	19	26	20	24	23	22	4		180
Hood, Austin ***+	18	27	26	17	13	26	20	16	13		176
Johnson, Cooper *+	18	29	24	26	21	24	26	23	4		195
Johnson, Hunter ***+	18	22	21	15	12	9	26	23	15		161
Martin, Josiah	13	24	15	22	3	13	19	25	9		143
Montenegro, Christian **+	14	23	27	23	21	26	30	26	25	27	242
Mullis, Devin *	12	14	28	23	19	29	23	22	4		174
Neville, Chris ***+	13	37	25	28	29	32	24	29	25	29	271
Parrish, Jacob *	13	22	20	18	18	22	18	15	4		150
Porter, Nick **+	20	23	25	21	9	19	25	24	27	27	220
Ptacek, Justin *	23	26	20	23	18	25	24	19	4		182
Quintino, Tyrell	18	17	20	22	6	INJ	5	25	4		117
Riecks, Carter *+	18	25	25	22	20	23	21	17	4		175
Riecks, Corbin	18	25	15	16	10	13	24	21	4		146
Sander, Lester *	18	28	27	24	22	26	22	24	9		200
Spinelli, Donovan *+	19	32	27	31	29	22	33	29	25	12	259
Tomblin, Damon ***+	18	27	24	21	22	23	23	2			160
VanAntwerp, Brendan *	22	29	28	27	23	25	24	18	4		200
Vesley, Kirk ***+	16	34	19	11	16	19	35	31	20	24	225
Yadon, Talon +		17	24	21	22	18	26	12	INJ		140
Team Total	830.0	1239.0	1249.0	1189.0	1047.0	1086.0	1176.0	1121.0	648.0	428.0	10051.0
Average	17	24	24	22	19	21	23	22	14	25	186

Managers

Liz Griffin

Mary Griffin

Ben Penicook