

# August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3	4	5 HS Registration	6 HS Registration	7	8
9	10	11	12	13	14	15
16	17 Practice 3:15	18 Practice 3:15	19 First Day of School Practice-tba	20 Practice 3:15	21 Kick off Scrimmage Eat at 4:30 Pictures 5:30 Introduced at 7 pm	22
23	24 Practice 3:15	25 Practice 3:15	26 Home Meet 4:30	27 Practice 3:15	28 On your own—run at least 3 miles	29
30	31 Practice 3:15					

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